



## Green Tea Miracles - Learn the Benefits of Drinking Green Tea to Shape Your Body and Boost Metabolism Fast!

By Janelle Watkinson

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Amazing Benefits Of Drinking Green Tea Green Tea Miracles \*\*\* BONUS!: FREE Natural Remedies Report Included !! \*\*\*\*\* LIMITED TIME OFFER! \*\*\* Only in recent years has green tea s prominence has surged to extreme heights in the Western world; however, it has been a regular part of most Asian cultures for thousands of years. Green teas can trace their origins back to China, as most varieties of teas, and has been used as many things, from simple beverages to traditional Chinese medicines. One only needs to go as far as a tea house in Japan, a restaurant in Shanghai or an ice-cream parlor in Beijing to realize the fanfare that Asian cultures have for green tea. But why have these Asian cultures preference always been green rather than black teas? For years, big brands like Lipton and Nestle had sold mass quantities of black tea and even prior to that, European traders focused their Chinese exports on black teas as well. Therein lies the reason. People generally are against change. Black tea...



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