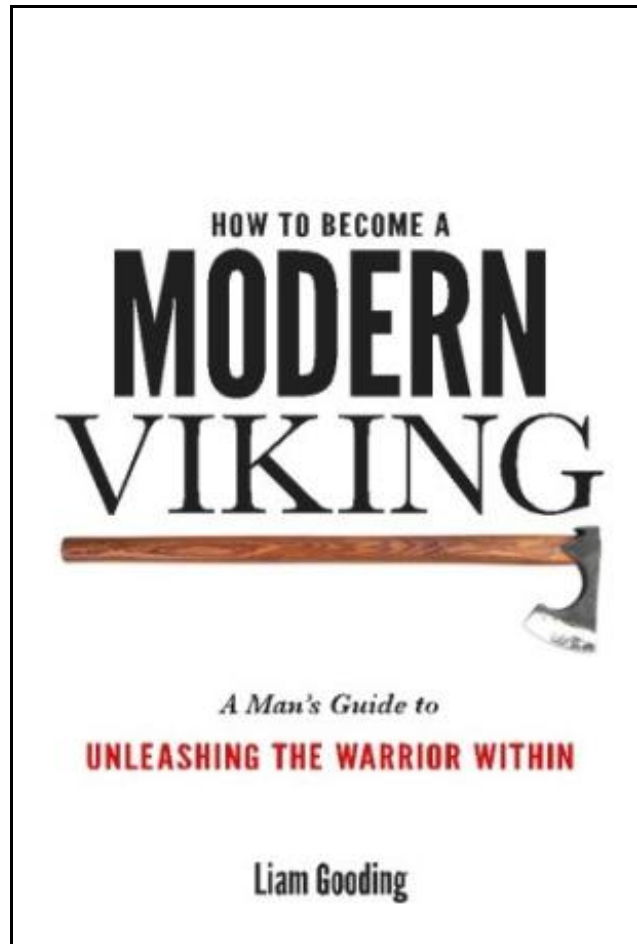


## How to Become a Modern Viking: A Man's Guide to Unleashing the Warrior Within



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## HOW TO BECOME A MODERN VIKING: A MAN'S GUIDE TO UNLEASHING THE WARRIOR WITHIN




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Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Vikings were undoubtedly the manliest men in history. They came, they conquered, and they took whatever they wanted. They were strong men in both body and mindset, with a culture and religion that promoted men to be men . For their mastery and bravery in battle, they were rewarded with status, plunder and women! Vikings were also passionately devoted to their brothers. Bonds formed in the bloody terror of battle, which they celebrated with much feasting and mead!But today, you live in a modern world of smartphones, suits and safety. Pillaging and plundering opportunities are limited, and many of your friends are probably too concerned with their smartphones or Gluten Free Diets to be interested in going on a Viking campaign together. But there is still hope! In this book, you will learn how to build the body and mindset of a Viking warrior and how to apply your increased masculinity in the modern world! In this book, Liam Gooding walks you through his personal journey from the top to the bottom. He lost his multi-million dollar company, his house and his fiancée. But worst of all, he lost his masculinity. But that's when he discovered the power and strength hidden within ancient Viking culture. The liberating freedom of their mythology, the guiltless pride in building a strong and muscular body, the confident ambition of getting what you want in life (no matter who or what stands in your way). Becoming a Modern Viking allowed Liam to become a man again. To rebuild himself stronger than before, to embrace the body and the mindset that evolution and natural selection had intended, and to remove...

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