



## TÉCNICAS DE ARTES MARCIALES PARA AGENTES DE LA LEY

By Mike Young

Arkano Books. Encuadernación de tapa blanda. Book Condition: Nuevo. Esta obra aporta una serie de lecciones claras y sencillas, dirigidas tanto a los agentes de policía como a los guardias de seguridad y demás agentes involucrados en la defensa de la ley. Basadas en una sólida y contrastada experiencia personal del autor tanto en el campo de las artes marciales como, sobre todo, en su actividad profesional como policía, este libro sobresale especialmente como manual completo de autodefensa, aportando técnicas y tácticas que pueden ser aplicadas específicamente en las numerosas y comprometidas situaciones que frecuentemente afrontan los agentes de la ley. Estas lecciones, fáciles pero que servirán de excelente ayuda, abordan: ¿ Golpes y patadas. ¿ Llaves de inmovilización y derribo. ¿ Tácticas de defensa psicológica. ¿ Maniobras defensivas, incluyendo la defensa con una mano. ¿ Técnicas defensivas contra armas blancas y armas de fuego. Mike Young ha trabajado en el Departamento del Sheriff de Los Ángeles durante más de veintitrés años, y en Estados Unidos ha impartido clases de tácticas defensivas a agentes de policía, a miembros de los cuerpos especiales y a agentes de cuerpos federales especializados (DEA, ATF y INS). El programa de defensa táctica que aporta...



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-- **Natalie Abbott**

*This book will not be simple to get going on reading but extremely exciting to read through. Yes, it can be play, still an interesting and amazing literature. I am very easily could possibly get a delight of reading a written book.*

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